



Carolina Yacht Club Code of Conduct for Sailors

The mission of the Carolina Yacht Club Youth Program is to develop knowledgeable youth sailors while instilling in them a love for the sport of sailing that will serve as a foundation for the future of our club and our sport.

Our instructors shall provide a curriculum with the most current and effective techniques to create skilled and confident youths who will respect others, care for their equipment and be willing to help fellow sailors on and off the water. Our sailors will be expected to conduct themselves in the Corinthian Spirit during practice and in competition.

All Junior Fleet sailors, whether their interest be in cruising or racing, should emerge with an enhanced sense of self-reliance, knowledge of seamanship and a solid foundation in the sport of sailing.

Further, the Youth Program strives to:

- Interest and lead sailors in developing safe sailing skills
- Promote maximum sailor attendance at all activities and regattas.
- Conduct and further develop our year round program
- Develop and support programs to encourage older sailors to continue in sport of sailing
- Modernize and improve our fleet of boats
- Develop curriculum that promotes self-esteem, camaraderie, and sportsmanship both on and off the water
- Develop parental involvement that will support the various fleets and activities of the Youth Program

Carolina Yacht Club strives to be among the premier Junior Sailing Programs in the nation. In order to achieve this goal, all program participants (junior sailors, coaches/instructors, program managers, parents and other adults) must understand and work to implement the Mission Statement. CYC expects all program participants to conduct themselves appropriately at all times and to follow the following Code of Conduct:

Respect For Others – I will respect the rights, dignity and self worth of every individual. I will act honorably and will not lie, cheat or steal (or borrow without permission). I will encourage my fellow junior sailors to display the same qualities, and I will report those who do not respond appropriately to my encouragement to my coach/instructor.

Professional Conduct – I will work proactively to achieve my full potential. I will trust that my coaches/instructors have my best long-term interest at heart, and I will willingly comply with their direction.

Personal Conduct – I will conduct myself professionally and accept responsibility for my actions. I will display high standards in my language, manner, punctuality, preparation and presentation. I will display self control, courtesy, respect, honesty, dignity and professionalism. I will refrain from criticizing others – this includes my interactions with opponents, coaches, officials, administrators, parents and spectators.

Good Sportsmanship/Corinthian Spirit – I will continually strive to demonstrate good sportsmanship, both on and off the water. I will place winning in the context of good sportsmanship and fair play. (Remember Paul Elvstrom's quote: "You haven't won the race, if in winning the race you have lost the respect of your competitors.")

Possession And/Or Use Of Any Illegal Substance Including, But Not Limited To, Drugs And Alcohol – Every program participant must understand that the ability to operate without mental or physical impairment underpins the safety and surety of our program, both on and off the water. I will refrain from smoking, drinking and/or illegal drug use.

Prescribed Medications – Every program participant must understand that the ability to operate without mental or physical impairment underpins the safety and surety of our program, both on and off the water. I will refrain from being on or around the water when under medications prescribed by a doctor that may hinder my mental or physical abilities. I will also notify the Waterfront Director with permission of my parent if I am on medications that could alter my mental or physical abilities.

Safety – Safety underpins everything we do. As such, it must be viewed as a philosophy, and NOT simply items on a checklist. Sailing and racing are inherently risky activities, and all coaches/instructors will actively manage risk when working with our youngest sailors and will help our older sailors understand appropriate risk management strategies to ensure that the training and/or competitive environment is safe. As a junior sailing program participant, I will ensure that my equipment is ready to support all planned activities. I will immediately inform my coach/instructor if I feel that I am not ready to participate fully in the planned activity (i.e., understand the task, am physically healthy enough, rested and skilled to ensure its successful outcome). I will look out for my fellow junior sailors.

Disciplinary Policy- Coaches have the right to send sailors home if they are repeatedly being disrespectful during meetings, while on the water, or while at the club/ away regatta venue's property. Sailors may also be sent home if they are representing CYC in a negative way. We will maintain a 3 Strike Policy.

Strike 1: A sailor will be spoken to by a coach and asked not to repeat the offense

Strike 2: A sailor will meet with CYC staff (Waterfront Director/ Coach/ General Manager) to discuss the offense (depending on severity parents may be involved.)

Strike 3: Call home to parents. The disciplinary action could include suspension or expulsion. The incident will be brought to the attention of the General Manager and/or CYC Board of Governors who will ultimately decide on severity of consequences. Consequences may include suspension or expulsion from the CYC junior sailing program and related activities.

Damage Policy- If CYC has provided equipment for sailors to use during practice, the damage policy will be applicable. Accidents happen and CYC understands that, but sailors need to take ownership over the borrowed equipment and must take care of it like it is his/her own.

In the case of severe damage, or loss of equipment, the CYC staff will discuss the incident and ask the involved sailors to share their description of the situation. Using the Racing Rules of Sailing and facts found from all parties involved, we will determine whether a sailor is found to be at fault or acted in a deliberately reckless or unsafe way. We will ask that the sailor do some work around the club and pay to have the damage repaired/ lost equipment replaced. The sailor's family will be responsible for getting the damage fixed or replaced in a timely fashion, with the approval of CYC (company that is doing the work must be approved by CYC before repair takes place.)

I, _____ have read and understand the CYC Junior Program Mission Statement and I agree to abide by the Code of Conduct for Junior Sailors. I recognize that participation in the CYC Junior Program is a privilege, and not a right. I understand that if I do not abide by and promote the Code of Conduct I may be temporarily or permanently suspended from CYC's Junior Program.

Signature of Junior Sailor

Date

Signature of Parent or Legal Guardian

Date