Junior Sailing
Summer 2020

Safety & Discipline

CYC is committed to maintaining a safe and positive environment for young people at all times. All participants in the program must pass a simple swim test given on the first day of instruction. Also, at all times while on the water each sailor must provide and wear an approved personal floatation device (PFD) suitable to the size of the sailor. Parents are expected to inform their children that proper self discipline is required while in the program. Violations of safety or other program rules may result in a disciplinary action including suspension or dismissal from the program without a refund.

Junior Associate Sailing Membership
Junior Associate Sailing memberships are required for all guests and non-members ages 7-18. Please visit www.carolinayachtclub.org/ for more information on the application process.

Boat Ownership
Boat ownership is recommended for Green Fleet and required for Opti and Laser Race Team sailors. Laser and Opti boat charters are available. Please contact Katrina Williams for more information.

Refund policy
CYC will refund the full registration fee until April 30th, 2020. After that date, no refunds will be granted unless extraordinary circumstances arise.

Late Fee
Registrations received after April 30th, 2020 will be subject to a $30 late fee.

For any questions or more information contact the Waterfront Director, katrina@carolinayachtclub.org

Carolina Yacht Club

Half Day Programs

Sea Squirts
Ages: 5 & 6  Time: 9am- 12pm
This half day program is designed for our youngest sailors, aged 5 & 6, to ignite their passion for CYC, water safety, and having fun in boats. This class is an opportunity to meet new friends at the club, learn the basics of sailing (terminology, knots, seamanship, water safety (capsizing/ towing), and corinthian spirit. No prior experience required for this course. Session 1: June 22nd- 26th
Session 2: June 29th- July 3rd
Session 3: July 6th- 10th
Session 4: July 13th- 17th
Session 5: July 20th- 24th
Session 6: July 27th- 31st

Sound Sharks
Ages: 7-8  Time: 1pm- 4pm
This half-day course is designed for the sailors that are graduating from our Sea Squirt program but may not be old enough for a full day two week Beginner Optimist course. This course involves more on the water time developing sailing skills as well as fun on and off the water.
Session 1: June 22nd- 26th
Session 2: June 29th- July 3rd
Session 3: July 6th- 10th
Session 4: July 13th- 17th
Session 5: July 20th- 24th
Session 6: July 27th- 31st

Important Dates 2020
Registration Opens: January 2nd
Registration open for Junior Associate Sailing members (JASM): Feb 1st
Late fee begins: April 30th
Kick Off BBQ: June 7th
Check each class for detailed session dates
Cruise Control
Ages: 8-12  Time: 9am- 4pm

This course is a full day, one week program for our ‘cruising’ sailors that are interested in having fun and adventuring on the water. Whether the sailors are cruising to a picnic lunch or the cliffs for fun and swimming, this program is sure to thrill! Sailors need no prior experience to participate in this course.
- Session 1: June 22nd- 26th
- Session 2: June 29th- July 3rd
- Session 3: July 6th- 10th
- Session 4: July 13th- 17th
- Session 5: July 20th- 24th
- Session 6: August 3rd- 7th*
  * Session 6 will be split into an 8-12 year old camp and a 12+ camp to end the summer with fun on the water and keep our sailors out for an extra week before school starts.*

Beginner Optimist
Ages: 8-12  Time: 9am- 4pm

This is a two-week course designed for sailors new to sailing or moving up from the Sound Shark program (aged 8-12 or under 115 pounds.) The curriculum includes rigging a boat, sailing fundamentals, boat handling, seamanship (knots, weather, etc), water safety and sportsmanship. See session dates under key date portion of brochure.

Intermediate Optimist
Ages: 8-12  Time: 9am- 4pm

This program requires the sailor to have completed the Beginner Optimist course or an equivalent. It will focus on developing mechanical boat handling skills as well as a greater understanding of the wind and sailing upwind and downwind. Coaches will begin to cover the basic aspects of racing in a fun developmental way. See session dates under key date portion of brochure.

Beginner C420
Ages: 13+  Time: 9am- 12pm

This course is a two week, half day program designed for our older beginner sailors who haven’t completed a two week course before. The curriculum includes rigging a boat, sailing fundamentals, boat handling, seamanship (knots, weather, etc), water safety and sportsmanship. Sailors are encouraged to register for the Intermediate class in the afternoon to continue their skill development.

Intermediate C420
Ages: 13+  Time: 1pm- 4pm

This course is a two week, half day program designed for our older sailors who have completed a two week course or are currently learning to skipper in the morning beginner class. The curriculum will focus on developing more mechanical boat handling skills as well as a greater understanding of the wind and sailing upwind and downwind. Coaches will begin to cover the basic aspects of racing in a fun developmental way.

Optimist & Laser Race Team

For race team details please contact our Waterfront Director at katrina@carolinayachtclub.org.

Full Day Session Schedule

- Session 1: June 22nd- July 3rd
- Session 2: July 6th- 17th
- Session 3: July 20th- 31st
- Keelboat Week/ Cruise Control for all ages: August 3rd- 7th